

Challenge Your Identity!

One day a Scorpion was walking along the riverbank trying to find a way to get across the river. He ran upriver and downriver, all the while looking for options to cross the river. That's when he saw a frog sitting alongside the riverbank. He approached the frog.

"Hello Mr. Frog! Would you please give me a ride on your back across the river?", he asked.

"I don't think so", replied the frog.

"How come? Why not?" asked the scorpion.

"Mr. Scorpion, if I give you a ride on my back, you would sting me and I would drown because scorpions sting frogs", the frog said.

"Oh common Mr. Frog, I am not that stupid. If I sting you and kill you, then I would drown and die too, because I cannot swim!", the scorpion said. Frog thought for a moment and then said,

"I guess you're right, just crawl on my back but remember your promise."

Scorpion jumped on the frog's back and they start crossing the river. Half way across the river the frog suddenly felt a sharp pain in his back. Out of the corner of his eye, the Frog saw that the Scorpion has stung him and is removing his stinger from the back. The Frog immediately started to panic as he felt the Scorpion venom racing through his veins and a deadening numbness began to creep into his limbs. Just as he is taking his last breath and about to go down, the frog looked at the scorpion and asked

"Why did you do that you stupid Scorpion? You promised not to sting me! Now we are both going to drown!" The scorpion replied,

"I'm sorry, Sir, but I could not help it - it's my nature - Scorpions sting Frogs. 🦋🦋🦋🦋"



They succeed because they had everything?

How do some people become successful but not others? How do some people seem to be making all the right choices while others get it wrong time after time? How do some people always get positive results regardless of the situation whereas others get stuck and produce negative results every time they take on a challenge?

These are very common questions or concerns we hear from people around us. Almost all of the time these questions are asked by those who have failed to produce results in their lives and those who continue to falter and fail in their endeavors. If you listen to them carefully, you can hear the reasons and excuses soon after the queries. The most popular reasons for their own failures include: successful people had more resources than I had; Others have better family backgrounds: they have had good education than I have; Others have good a mentors and supporters who pull them up; They have had a perfect childhood which I didn't!

But, are these the real reasons for success or for the lack of it?

People who have had the best of circumstances do not always turn out so well. We have repeatedly seen people who have had a bad start to life - difficult childhoods turn their lives around. We know of people who had absolutely no proper education but have become extremely successful professionals and business owners. We have heard of people who had been repeatedly failed but have eventually gone onto become extraordinary human beings that you and I admire.

Whatever the experiences we undergo in our lives is a part of our learning process. But sometimes we internalize the experiences that are external to ourselves, and make the experiences, good or bad, part of our own identity. For example: if you win the lottery - 'I am a lucky guy'; if you fail an exam- 'I am stupid'.

Doing Something Stupid is different to being a “Stupid Person”!

Refer to our Frog and Scorpion story. The Scorpion had an opportunity to do things differently, release itself from how things have eventuated in the past, and achieve the outcome it wanted – to cross the river. However, its need to confirm to its self-proclaimed identity failed the Scorpion and the people around it!

How Do You Identify Yourself?

Just because you have failed once or twice, do you identify yourself as a “**Failure?**” You may have missed few opportunities. So what? That doesn’t mean you can label yourself as an “**Unlucky Person**” People might say it is too late to change, but do you believe you are “**too old**”? Your ideas may have been rejected by your boss or your customers few times but do you identify yourself as a “**person who is not creative**” anymore?

Change Your Identity

Just remember - your life is defined by your beliefs and convictions of who you are. Change your controlling force, your perception and declarations of who you are, and your life will begin to change. Tell yourself that it is your nature to **learn from your mistakes and move forward**. Identify yourself as a **creative and innovative person**. Make yourself believe that you can take **responsibility for your own success**. Make people around you believe that you are **very passionate with your goals** and you will **not stop until you win**.

You are not **set** one way or the other. CHANGE IS YOUR NATURE. It is up to you to change and adapt for the better!

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